The Four Worlds:

**Atsilut**  
World of Emanation  
Birthing, next-to-God

**Chokhmah**  
Wisdom  
Fire

**Briyah**  
World of Creation  
Creating something from nothing, intellect

**Binah**  
Understanding  
Air

Going from one wine or liquor to a better one, one can bless: Blessed be You…who is good and does good. Barukh Atah…hatov v’hametiv

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**Asiyah**  
World of Doing  
Making and moving

**Malkhut**  
Kingdom  
Shekhinah  
Presence  
Earth

Some people begin or end the seder with grains that are grown in Israel. You can also end with challah and make that the start of a regular meal.

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**Purpose Traditional Blessing After Eating:**

Blessed be You YHVH-Adonai our God, Ruler of the World, the One who creates many souls along with whatever they lack, for all that you created, to give life through them to the soul of all life.

Blessed be the Life of the Worlds