## A na,b'Cho ach

A na, b'cho ach q'du lat y'min cha ta tir tz'ru rah.

Ka beil ri nat am cha sa g'vei nu ta ha rei nu no ra.

Na gi bor dor shei yi chud cha k'va vat sho m'reim.

Ba r'cheim ta ha reim ra cha meim tzid kat cha ta mid go m'leim.

Cha sin ka dosh b'rov tuv cha na heil a da te cha.

Ya chid gei eh l'am cha p'neih zoch rei k'du sha te cha.

Shav a tei nu ka beil u sh'ma tza a ka tei nu yo dei a ta a lu mot.

Ba ruch sheim k'vod mal chu to l'o lam va ed.

## דבת, בכח Please, with Power

free the bound.

Please, with the power of Your great right hand

אבנר עַמַּד שַּגְבֵנר Accept the song of Your people, empower us, make us pure, Awesome One!

דָּבְּוֹר דּוֹרְשֵׁי יִחוּדְךְ Please, Mighty One, the seekers of Your unity, watch them like the pupil of an eye.

Bless them, make them pure, have mercy on them; Your justness bestow upon them always.

חַסִין קַדוֹשׁ בִּרוֹב טוּבִדְּ נַהַל עַדַתַּדְ:

Tremendous Holy One, in Your abundant goodness lead Your community.

יָחִיד גֵּאֵה לְעַמִּךְ פִּנֵה זוֹכָרֵי קְדוּשָׁתֵּךְ:

Unique One, Exalted One, face Your people who remember Your holiness.

אַנְעָתֵנוּ קַבֵּל וּשִׁמַע צַעַקּתֵנוּ Accept our prayer, hear our cry, יוֹדֶע תעלמות: Knower of secrets.

ברוך שֶׁם Blessed is the name

יבוד מַלְכוּתוֹ לְעוֹלֵם וַעֵּד: of the Glory of the Kingdom forever and ever.

A na, b'Cho ach is a mystical meditation attributed to Rabbi Nechunya ben Hakanah of the second century. It contains seven names of God (Awesome One, Mighty One, Tremendous One, Holy One, One and Only, Exalted One, Knower of Secrets) which are said to correspond to the seven voices of God (Kol A do nai ) in the previous psalm. It is usually recited among traditional communities.